Weekly Dose Optional use of the grade 1 indicator

QUESTION: "If the material being requested is uncontracted would the grade 1 indicator be used?

ANSWER: When an expression in grade 1 mode would be equivalent to the same text in grade 2 mode because no contractions would occur, a grade 1 indicator may be used although it is not required.

Example Section 5.10.1

The engine stuttered rm-m-m-m then rm-mm-mm-mm then settled into r-mmmmmmm.

OR

The rock is so h-a-r-d.

Source: Rules of Unified English Braille Section 5.10.1